

# Chicago Soccer Academy Jr. Program (Boys/Girls 4-10 yrs old)



**PHILOSOPHY-** The players need to have fun and love the game first and CSA staff have the experience and techniques to get the effort out of each player. Once this is accomplished, confidence starts appearing in each player. Players will

be introduced to technical and tactical components of the game in a fun learning environment. u4-u10 ages boys and girls are welcome. Players will be separated during practice and games according to skill first, genre second, and age lastly to ensure each child is being challenged but at the same time having success.

**VISION-** CSA believes in the 3 C's.

**Confidence-** Professional coaches will ensure building the confidence of each player through positive reinforcement and motivational techniques. On the field corrections and discovery questions will ensure the player's success in learning of the game.

**Creativity-** Players will be encouraged to bring out their creative side with the knowledge they have obtained from practices. This will allow the freedom for each player to experiment new things with the ball.

**Composure-** Player's decision making is solely up to them but Professional coaches will educate the player on each alternative option possible.

## CURRICULUM:

**Practices-** Players will go through various activities including Speed and Agility, Dribbling, Moves, Passing, Shooting and 1v1 and 2v2.

**Games-** Players will play 3v3, 4v4, 5v5 small sided games during practice and regular games. Players will learn to play all positions in the 8 weeks. Positions include goalie, defense, midfield and forward. The small sided game concept allows players to maximize their touches on the ball along with physical development.

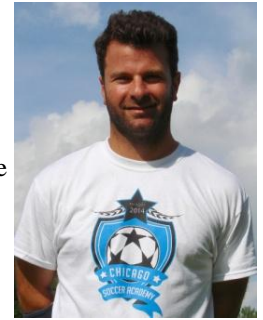


**REGISTER ONLINE AT:**  
[csasocceracademy.com](http://csasocceracademy.com)

All inquiries can be directed to Tim Balatsoukas at [tim@csasoccer.net](mailto:tim@csasoccer.net) or 847.814.0966

## COACHING STAFF:

Coach: Player ratio is 1:12  
Director of CSA, Tim Balatsoukas, selects qualified licensed coaches that have playing experience and are specialized in developing players 4-10 yrs old. The coaching staff is mentored and trained to motivate, encourage, and culture the players to love the game of soccer in a fun environment.



## LOGISTICS AND COST

Full Year Early Bird Sign Up- \$450

### Fall and Spring Sessions

Practices are held on Friday's:

u4-u6 from 4:30-5:30pm

u7-u10 from 5:30-6:30pm

at Sycamore Sports Complex (corner of E State St (Route 64) and Airport Rd) in Sycamore.

Games are held on Saturday's between 10:00am-2:00pm:

u4-u5 start at 10:00-10:50am and other ages follow.

Southeast Elementary 718 Locust Street in Sycamore.

### Winter Sessions

Practices are held on Monday's or Friday's:

u4-u6 from 4:30-5:30pm

u7-u10 from 5:30-6:30pm held at Sycamore Indoor Facility.

Games are held on Saturday's between 10:00am-2:00pm:

u4-u5 start at 10:00-10:50am and other ages follow. at Sycamore Indoor Facility.

### Pricing

Individual Sessions . . . . . \$125

Uniform Cost\* . . . . . \$60

\* One time fee which includes 1 shorts, 1 pair of socks, 1 grey t-shirt, 1 blue t-shirt and sack pack bag.

## 2014 – 2015 CALENDAR

Days and times are subject to change.

### Fall Season (\$125)

August 15 – October 4, 2014

60 min. practices; 50 min. games

### Winter I Season (\$125)

October 17 – December 12, 2014

60 min. practices; 50 min. games

### Winter II Season (\$125)

January 12 – March 7, 2015

60 min. practices; 50 min. games

### Spring Season (\$125)

April 3 – May 23, 2015

60 min. practices; 50 min. games

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