

# Thanksgiving Weekend SHOOT-OUT

Saturday, November 24 • 12pm



## 3 SHOOT-OUT FORMATS AVAILABLE

### Freethrow Contest

Organized by age group with appropriate hoop height adjustments. Best out of 10 will advance. Includes warm up time. Fun Prizes for age group winners.

### Parent Child Free Throw Contest

### Jr. NBA Skills Local Challenge

For ages 13 and under. Groups organized by age and gender. Participants will perform the following timed skills on a half court:

Dribble from the start line to: 1) ZIG-ZAG DRIBBLE; 2) SPEED DRIBBLE; 3) SHOOT, REBOUND, AND SCORE to make as many shots as possible in 60 seconds from the shooting spots 4) FREE THROW.

Winners will advance to regional competition.

Show off your shoot-out skills and work off that Thanksgiving meal! All ages are welcome to participate or cheer on your friends and family.

Admission fee includes a hotdog and beverage at the food court. Other snacks available for purchase.

Sign up in advance online or at the Community Center to get an early time on the court.

Sycamore Park District Pathway Fitness  
Members and Pass Holders .....\$2

Residents/Nonresidents .....\$5

Sycamore Park District Community Center  
480 S. Airport Road, Sycamore 815-895-3365  
[SycamoreParkDistrict.com](http://SycamoreParkDistrict.com)

